



Ad Lib Mom
mommyming for the rest of us

The Atmosphere and Environment of your Home

Before you begin pray on the questions and ask for guidance. A change will happen but it will not be overnight.

1. Describe the overall environment of your home?

2. Which rooms give the message of “welcome”? Which rooms are full of clutter and say “go away?”

3. Are you happy with your home environment? Why?

4. What is one thing you can do this week to improve the physical appearance of your home?

5. Describe the atmosphere of your home?

6. What is one change you personally need to make to help to improve the atmosphere?

7. Make a list of all the activities your household participates in on a weekly basis. Are these activities taking away from spending quality family time together? Are there any changes that need to be made? Are these the best activities to take up your time? Instead of doing one of the activities what could you be doing and how could it change your home environment and atmosphere?
