

Substitution List

When you need..

Use this...

Buttermilk (1 Cup)	1 C milk + 1 Tbsp lemon juice or vinegar (let stand 10 min)
Cake flour (1 cup)	1 cup all-purpose flour minus 2 Tbsp
Maple syrup	Brown sugar with a little water
Confectioners' Sugar	Superfine sugar. Add 2 Tbsp. cornstarch to every 1 cup superfine sugar.
Unsweetend chocolate	3 Tbsp cocoa powder + 1 Tbsp unsalted butter, per oz.
Allspice	1 tsp cinnamon + 1 tsp nutmeg + 1 tsp ground cloves
Baking powder (1 tsp)	1/4 tsp baking soda + 1/2 tsp cream of tartar OR 1/4 tsp baking soda + 1/2 cup buttermilk (decrease liquid in recipe by 1/2 cup)
Fresh herbs (1 Tbsp)	1 tsp dried herbs
Red wine	Cranberry juice
White wine	Apple or white grape juice